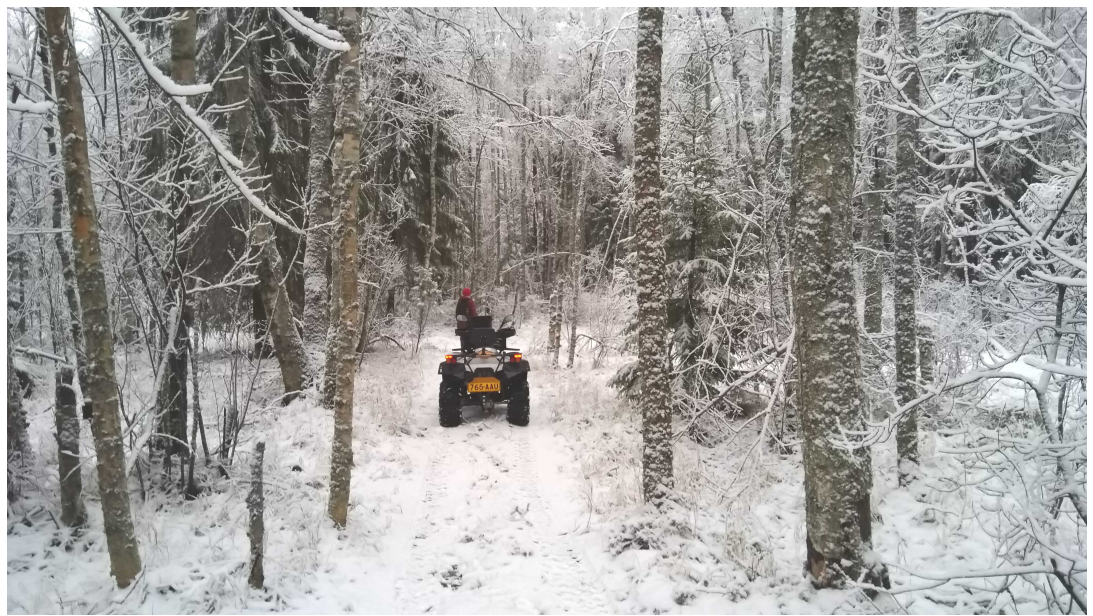


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Newsletter
July 2022

ICT

Why not
culture and
creativity for
seniors?



Project implemented under the Erasmus+ program

Tiedetila organized the third meeting in Keuruu, Pihlajavesi 13-16 July 2022

The aim of Tiedetila is to increase the creativity and cultural skills of those participating the activities of this project. Activities include events and short courses. One component is nurturing and developing the relationship with nature. Part of the activity takes place in the classroom and part in the nature, in a nature reserve.

One of the places to visit during the project meeting was a nature reserve and a short walk there.



Purola's hut - you can sit and relax in the hut next to the nature reserve. The cabin is intended for discussions about what has been seen and experienced in nature.



Kotiranta forest farm belongs to the private Kalliopuro nature reserve.



Walking in the nature reserve



Kauppala - living room of the villagers

The second place to get to know was the multi-purpose center, Kauppala maintained by the Pihlajavesi village association. In Kauppala, there is a food kiosk, a branch of the library, a cafe and a place to talk.



Markku Koivuranta presents operating concept of Kauppala.

Ecovillage - an ecological way of life

In addition, we visited the Keuruu Ecovillage to get to know the activities of that place. In the Ecovillage, the aim is to have as ecological way of life as possible. It is a community without a leader. Decisions are made as a result of a joint meeting. The residents are diverse. Most of them work outside the village. The village is also an alternative to a stressful lifestyle.



The skene of Ecovillage. Marketta presents the activities of ecovillage.



Erämaakirkko, the Pihlajavesi old church. 1781

The cultural program included a visit to the Pihlajavesi Old Church, where we participated in a concert by the cellist Lauri Rantamoijanen.

A wooden building gives a good response, acoustics to music. Many musicians come to the wilderness church in summer to give concerts. They say that they particularly like the atmosphere of the church.



Audience at Rantamoijanen's concert.



People in churchyard after the concert.

Tiedetila Computer Museum and Garden

At Tiedetila we got to know the Computer Museum and the Garden of wild plants.



At Tiedetila the keywords of operations are ecology, recycling and biodiversity.



Presentations of the meeting

Polish partner, **Social Ecological Institute**, told about the various activities they have done. Seniors have participated at a park by taking care of the plants and tidying up the environment. The painting group has got inspiration from beautiful flowers and lovely landscapes. The exhibition of their works was held in Anin Cultural Center. The exhibition was also very popular among younger people. The pictures come out with their beauty and nature with their relationship - they remind us how important it is to take care of nature.

The goal of the activity is also to reduce the loneliness of seniors and bring them into contact with other people. The goal has also been to bring nature into the urban environment by creating various mini-gardens. Multi-generational groups have been formed, which together take care of community gardens and organize different events.



For several years, an increasing number of young and older city residents have been focusing on greenery and contact with nature.



Swedish partner Mobileducation

presented how the creativity of senior-aged people has been supported in Sweden.

The forms of activities have been studying, teaching, training - the implemented activities include workshops, zoom meetings and IT cafes.

Digital visits to museums and churches have been made. There have been creative writing courses with a computer connection. Websites have been created where experiences of good practices, training materials, films and so on are stored.

Mobileducation has produced films and materials on various topics, such as how to install an application, how to send a message, how to send a picture, how to write and use a microphone with producing text, and how to save material and share files to cloud services.

Time for individual reflections and learning the basic tools.

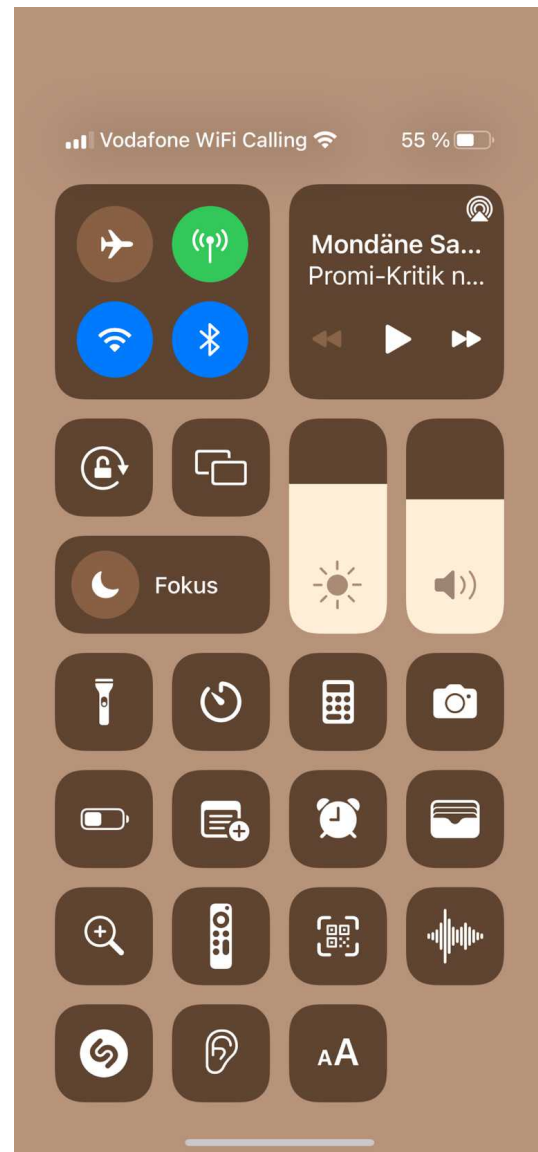


SLO, Senioren Lernen Online, organizes online courses on many different topics. For example, how microcontrollers can be used to monitor indoor air quality. Another important area of study is the use of iPhone, iPad and computers and their applications.

At the meeting at Tiedetila, SLO presented the use of the Zoom conference program in connections between iPad, iPhone and computer. A connection can be created between the devices, for example: iPhone phone camera can be used to serve as a computer camera. This makes filming easier, if things or objects to be photographed are further away from the computer.

A similar procedure can also be used when using Android devices.

Now you will see the screen from your iPhone. It is very interesting, because you could also use the iPhone camera



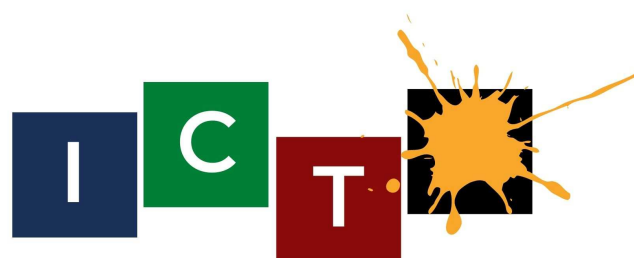
Troy Environmental Association

organizes age projects with the purpose of helping elderly people to strengthen their knowledge and improve their quality of life. The result is active, happy, healthy and successful people of their own age. The methods have been health seminars, sports activities, memory strengthening courses and drama exercises.

Troy Environmental Association also presented a video of a hiking trail that goes through a diverse cultural landscape along the coast of Turkey.



Participants will acquire new skills and practices.



Why not culture and creativity for seniors

